



FRIENDS Volunteer Opportunities

American Sign Language: Teach a class for the Day or Evening participants on how to sign.

Arts/Crafts: Do you have a particular art/craft that you can teach our participants? Knitting, crochet, sewing, paint, chalk drawing, tie dye expertise or card making, just to name a few!

Computer: Teach basic computer class for the Day or Evening participants, including keyboarding, accessing the web and address the safeguards of surfing the web.

Cooking: Teach classes for the Day or Evening participants how to make a simple meal, safety around the kitchen, how to make healthy choices incorporating the food groups.

Day Program: Assist: the support staff as they go about their daily routines with the participants.

DD Citizen Advisory Council: Be an advocate for Friends of Broomfield and participate on this council to advise community leaders on matters relevant to person with disabilities.

Evening Program: Assist: the support staff with the evening program. You could teach a Life Skills class, help set up/take down an activity, go with on activity in the community just lending support.

Fitness/Movement: Help support staff to incorporate a fitness/movement class for our Day and Evening participants. Can you teach a class in aerobics, toning, dance, or rhythm movement?

Community Outreach: Throughout the year, FRIENDS has booths at local events and festivals. We need Volunteers to be our ambassadors: to answer questions about FRIENDS, promote our programs, and services.

Fundraiser Events: FRIENDS has 3 major fundraisers a year: Wine Tasting, Golf Scramble, and Variety Show. Volunteers are needed to chair the events, serve on the event(s) committee which actually coordinate the event, and assist the day of the event.

General Education/Teaching: Do you have the special skills of teaching and can assist in teaching in the Life Skills Class?



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Handy Person (Fix-IT!): Assist with the general maintenance of the building; help hanging a picture, mending broken items, and keeping our facility equipment in good operating condition. Experience is not required.

Horticulture/Landscaping: Assist with gardening, landscaping, teach participants how to compost, or plant a garden.. Experience is not required.

Marketing: Do you have a special knack for getting the word out or techniques that we could employ?

Music: Help support staff to bring music to the Day and Evening participants. Can you teach a class in keyboards, singing, drumming, or any other rhythm movement?

Nurse: Assist in the Residential Program to provide the medical component required. Teach a health class, basic first aid, proper hygiene for our Living/Social Class.

Special Events: Assist with the special events that FRIENDS may have throughout the year. Help out with the planning of the event, tables, and set-up/take down.

Photographer/Videographer: Assist by taking photos and/or videos of special events/activities. Teach a photography class.

Transportation (Small Bus): Drive our buses to transport participants to and from activities. Evening and Special Events only, no special license required.